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SOTSIAALMINISTEERIUM



Schools in Motion seminar 4-5 October 2023 in Tartu

4 October – Workshops, presentations and fair at the Estonian National Museum

8:30-9:30 Arrival of participants and welcome coffee

8:30-16:00 Fair introducing products and services that support physical activity during the school day

9:30-10:45 Opening speeches and presentations (with translation)

- University of Tartu
- Ministry of Education and Research
- Move Lab

11:00-12:15 International studies and experience

- [Andrew Daly-Smith, University of Bradford \(UK\)](#)
- [Antti Blom, Liikkuva koulu \(Finland\)](#)

12:30-14:00 Lunch

14:00-15:00 Workshops I in English

- School-based physical activity in Norway and Estonia. Presentation of preliminary results. – [Eirini Pardaly, Lise Kjønneksen and Ingunn Fjørtoft, University of South-Eastern Norway](#)

Presentation seeking answers for the following questions.

How to define pupil participation in school-based physical activity? How do the pupils from primary and secondary school experience participation?

What are the potentials of using it as a co-creation area in schools?

- Up from the desk – [Sari Salo, Toiminnallisen oppimisen verkkokoulu \(Finland\)](#)

Sari Salo is a teacher from Finland and an author of several popular books about physically active learning methods. This workshop will give you many practical ideas about how to make your lessons more active. As a bonus, by playing and having fun, you will learn yourself, too.

15:15-16:15 Workshops II in English

- Up from the desk – [Sari Salo, Toiminnallisen oppimisen verkkokoulu \(Finland\)](#)

19:30-23:00 evening program at the AHHA science center

October 5 – Workshops at the Institute of Sport Sciences and Physiotherapy of UT and school visits in Tartu and Tartu County

9:00-16:00 Practical workshop: motivational teaching of movement skills using the example of volleyball – [Kristof De Loose, Volleyball4All \(Belgium\)](#)

9:00-10:30 School visits

- Miina Härma Gümnaasium (Tartu)
- Tartu Kesklinna Kool (Tartu)

11:30-12:30 School visits

- Puhja Kool (Puhja village)
- Tabivere Põhikool (Tabivere village)
- LõunaTERA (Tartu)

Whole programme in Estonian is available [here](#).

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